

POLICY OF	POLICY NUMBER	PAGE NUMBER
STATE OF DELAWARE	F-02	1 OF 1
DEPARTMENT OF CORRECTION	RELATED NCCHC/ACA STANDARDS: P-F-02/4-4318 (IMPORTANT)	
CHAPTER: 11 HEALTH SERVICES	SUBJECT: NUTRITION AND MEDICAL DIETS	
APPROVED BY THE COMMISSIONER:		
EFFECTIVE DATE: 11-19-07		

PURPOSE:

Inmates are provided with therapeutic (special) medical or dental diets as ordered by the physician or dentist.

POLICY:

1. Therapeutic medical and dental diets will be provided as ordered by the provider.
2. Diets incorporate the principles expressed in the United States Department of Agriculture Food Guide Pyramid meeting the current Recommended Dietary Allowance for appropriate age groups.
3. Therapeutic diet orders will include type of diet, duration for which it is to be provided and special instructions, if any. Diet orders are reviewed quarterly, as indicated.
4. Inmates who refuse to adhere to prescribed diets will be provided nutritional counseling.
5. Food is not withheld as a disciplinary measure.
6. A dietician reviews diet plans for adequacy every six months.
7. Attention will be given to the special nutritional needs of adolescents who generally require a higher caloric intake than adults. The Department of Correction participates in the National School Lunch/Breakfast program in accordance with the U.S. Department of Agriculture.
8. The psychiatrist will order medically necessary snacks as needed. The inmate will be instructed by the physician about interactions between certain foods and prescribed medications. In addition, education will be provided concerning dietary restrictions, such as avoidance of caffeine and stimulants in those suffering from anxiety, etc. Foods which benefits symptom relief may also be reviewed during the clinical encounter.

References:

National Commission on Correctional Mental Health Care: Standards & Guidelines for Delivering Services, 2003, M-F-02

American Correctional Association: Standards for Correctional Institutions, 4th Edition, 2003. 4-4318